

Date *May 29/07* Title *the little choices* Page *55*

Read

Observe what the Lord your God requires: Walk in his ways, and keep his decrees and commands, his laws and requirements . . . so that you may prosper in all you do and wherever you go. 1 Kings 2:3-4

Explore

Good lessons to observe for a fruitful life.

Application

I want to observe and practice what the Lord God requires. It is not always easy. We often think that life is a bunch of big decisions. I'm finding that it's about a lot of little decisions that make up bigger ones. I want to be fruitful today in the little decisions. That they would bring glory to God. Even if they mean uncomfortable circumstances for myself.

Link

Lord, give me your wisdom and confidence to make godly decisions. In your name, Amen.

What REALife difference does it make for me today?

I will focus on making good decisions today.

Date *May 29/07* Title *Mystery of the Gospel Made Clear* Page *55*

Read

Pray also for me, that whenever I open my mouth, words may be given me so that I fearlessly make known the mystery of the gospel. Esphesians 6:19

Explore

Paul's words strike a chord with me in relationship with my neighbours.

Application

It's been really cool how we have seen a strong development of friendship among our neighbours. Most of them know we are Christians yet I regularly wrestle with how to interject the gospel into our discussions. I know it's even more important to live it out. And I want to continue to grow in that. "They'll know we are Christians by our love."

Link

Lord, help me to love in such a way that without a doubt people will know that I am different and they will come to know that the difference is Christ — that the mystery of the gospel will be made known. Amen

What REALife difference does it make for me today?

Today, I will try to love others extravagantly.

Date *May 29/07* Title *Spiritual Training* Page 55

Read

Have nothing to do with godless myths and old wives tales; rather train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both present life and the life to come. 1 Timothy 4:7-8

Explore

I've been experiencing that physical exercise is good but the fruit and benefit of godly training is far better.

Application

Through my running, I feel healthier (lost some pounds), gained more energy and have good thinking time. Through journaling I have experienced so much more fruit! I'm parenting differently, am gaining more clarity on important issues in my life — I continue to be transformed from the inside out.

Link

Father, thank you that you changing me from the inside out. I open my life to the continued work of your spirit! Amen.

What REALife difference does it make for me today?

Life is full of decisions — I will rely on God's word to guide me.

Date *May 29/07* Title *Rich in Christ*

Page 55

Read *I know your afflictions and your poverty—yet you are rich. Rev 2:9*

Explore *“I have this against you.” The words are simple afflictions - poverty makes me rich in the Lord. The inference is that when it’s the other way around—earthly riches can make me poor in the Lord.*

Application *Why is it that I won’t allow afflictions into my life? I keep fighting them. And, I am striving for more—more experiences, comfort, money, everything! I’m a striver not a rester. The reality is that when I get I’m actually poor. I do need more rest—to be at peace—to enjoy moments. To enjoy the peace of the day—the moment—so that afflictions aren’t there to get my attention*

Link *Lord, thank you for rest—for the peace you give. I want to begin by taking moments and letting you pour into me. Lord help me to rest, to listen, to allow you to speak into my life. You are the architect of me—you are my builder. You are the healer of my soul. You make me rich inside. Thanks for your grace. Amen.*

What REALife difference does it make for me today?

Be at rest—stop striving.

Date *May 29/07* Title *Hope in God* Page 55

Read

*Why are you downcast, oh my soul? Why so disturbed within me? Put your hope in God for I will yet praise you, my Savior and my God Psalm 42:5
But thanks be to God. He gives us the victory through our Lord Jesus Christ. 1 Corinthians 15:57*

Explore

When in need, when thirsty—deep satisfaction, peace and fulfillment is only possible thru deep connection with God. When I reach my end then my only hope is in God and I can praise Him for that.

Application

The thought of deep pain drives me into fear. The thought of agony drives me to holding tight and appreciating the true relationship in God. Personal pain avoidance has been a priority. So, through God's grace and help, I can go deep as a family and as an individual.

Link

Lord, My only hope is in you. Be gracious to me. Help me to fight the battles of health, of discouragement, of lost dreams, of loneliness, of the spiritual battle. Thank you for giving me victory through Jesus. Amen.

What REALife difference does it make for me today?
Today, I will trust God with my physical and emotional needs.